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# Catch A Fire: The Autobiography



## Synopsis

In this extraordinary autobiography of "Scary" Spice, Melanie Brown, she covers it all—the council estate childhood, the formation of the Spice Girls, the early months being groomed for stardom, the subsequent global domination, Geri's departure, the marriage and divorce to Jimmy Gulzar, the birth of Phoenix Chi, the solo career, and the leap into TV presenting. Not bad for the rebellious, mixed-up girl from Leeds who is still only in her 20s. Born to a working-class mixed-race family from Leeds, Melanie B grew up feeling different from her schoolfriends. Her hyperactive energy was channelled into drama school, and in 1994 the Spice Girls were formed. The rest is history.

## Book Information

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## Customer Reviews

It's all here: the council estate childhood; the formation of the Spice Girls; the early months of being groomed for stardom; the subsequent global domination; Geri's departure; the marriage - and acrimonious divorce - to the strangely passive Jimmy Gulzar; the birth of Phoenix Chi (unlikely names being de rigueur for pop-star sprogs); the solo career and the move into TV presenting. As few people in the Western world have not heard of Melanie B, the in-your-face loudmouth who is a member of one of the most popular bands of all time, interest is guaranteed. Is she too young to tell her own story? Perhaps - but the fans will ensure healthy sales (before the Spice Girls join all the other pass pop groups cluttering up the remainder bins). --This text refers to an out of print or unavailable edition of this title.

Born to a working-class mixed-race family from Leeds (her mother took extra work cleaning toilets to pay for her dancing lessons), Melanie B grew up feeling different from her schoolfriends. Her hyperactive energy was channelled into drama school, and in 1994, as the story famously goes, the Spice Girls were formed. The rest is history...

I thought this book was a fun read. It's Mel B in a way you haven't seen her before: vulnerable, open...and opinionated and funny as usual. You can really see her growth through the years and the way it has affected her friends and family. I wasn't really a Spice Girl fan when I was little...I became a fan of Mel B during her season on Dancing With The Stars. Her fun-loving, loud and infectious personality resonates with people and that really comes through in the book.

If you were a Spice Girls fan, this would be good reading. Get to know the facts that you never knew was going on during the Spice Girls' careers, what life was like for Mel B as a child to her mid-20s, her marriage & divorce, solo music, and what she had planned to do after the dwindling spice career. The only con I can say about this book is that she is too young to have written a truly grasping autobiography. She's only been through 20-odd years of life.

The book lead a very good incite into Mel B's life. It shows that everything wasn't all smiles on stage.

Amazing

I really enjoyed this book. Gave me a new insight and take on Mel B and the Spice girls. She is actually a very grounded person with core values.

I love Mel B and this book is sooo interesting you'll never wanna put it down ! Tons of pictures , funny and paints the perfect picture of who she really is.

I haven't completed this book quite yet, but what I'm noticing is something set apart from the other Spice biographies: she will be happy to tell pleasant anecdotes. Sure it starts with a bang, which seems to be what is suppose to draw you in like a teaser on the telly before the opening sequence and more commercials, but as she describes her experience with the girls she lets us know some of

the funner times they had rather than the dramatic estrangement that is often so dwelt on. It's also a fascinating history she provides of where her people come from and the whole mixture of her. She was also my least favourite of the five but now I'm finding her more of a fair and friendly personage than the rest. She seems open to life, the mistakes that make us who we are and let us learn the balance of things. I wish she would make another album and write more of her own songs. They're all good at writing pop melodies (yes, they do co-write songs!) and she is no exception. Word to the wise: .co.uk is usually easier on the pocket book with some of this british stuff. I got my copies of albums and books from there. (As well as the Harry Potter books, which are an easier print than the ones here.)

I really enjoyed reading this book over the summer. Mel B is quite hilarious and entertaining but she also has a softer & sad side. As women we sometimes forget that love and relationships don't discriminate between broken hearts. Her upbringing & how she categorizes her family as White Grandma and Black grandma are entertaining. Her whole shoot to fame with the spice girls was a thrill ride. Mel B is blatanly honest, even discussing her sexual conquest, which were maaaaaaaany! I felt sick to my stomach by how Jimmie Gulzar used her for fame & money & how he treated her on their wedding night would have been enough for me to walk out the door. This book was a pretty good read, the fact that pictures were enclosed were also a big plus. Melanie Brown has always been a beautiful woman in my eyes, I truly believe, she has a great future still ahead. Much success Mel B.....Best, Marlena Martin/CEO Supernova Films [...]

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